

Gastrointestinal Conditions and Diseases

Saturday, March 6, 2010

Location of training:

Allina United Hospital-John Nasseff Auditorium
333 North Smith Avenue, St Paul, MN

Registration: 7:30am • Time: 8:00am – 4:00pm

Lunch: 12:00pm - 1:00pm (lunch is provided)

Seminar Topics

Oropharyngeal Disorders
Tonsils
 Tonsillar problems in children
Strep
 Consequences of untreated strep
Angioedema
 Medication interactions
Esophagus
 Achalasia
 Thrush
 Impact on the GI system
Esophageal Varices
Swallowing Disorders
 Odynophagia
 Globus
 Oropharyngeal dysphagia
 Esophageal dysphagia
Hepatitis C
 Transmission/Risk
 Differentiating serologic versus viral testing
 Current and future treatment options
Gastroesophageal Reflux Disease (GERD)
 Current therapies and OTC therapies
 Medicating vs not medicating
 Complications related to persistent reflux
Irritable Bowel Syndrome
 Manning Criteria
 Red flags and warning signs
 Complex treatment plan strategies
Non-Alcoholic Fatty Liver Disease (NAFLD)
 Clinical and laboratory features
 Who is at risk?; Lab test results
 Diagnosis and treatment
 Approaches to care
Small Intestines
 Celiac Disease
 Design a treatment plan
Pancreatic Disorders
 Acute; Chronic; Treatment for minor to severe presentations
 Long term management
Constipation & Diarrhea
 What patients are at risk?; Treatments
Inflammatory Bowel Disease
 Ulcerative colitis symptoms
 Crohn's disease symptoms
 Difference in treating these two disorders
 Treatment modalities
 Collagenous colitis
Diverticular Disease
 Treatment
 Medical and dietary strategies
Colon Cancer
 Importance of early diagnosis and proper screening
 Duke Staging
 Once cancer is present, how it stages
 5 year prognosis
 Colonoscopy
 How, what and why to tell patients
Gastroparesis
 Complications and long term problems
 Current therapies
Understanding the Lab Test Results
 Liver Function Test
 Easily read labs tests and interpret them
 GGT
 GGT and ETOH use
 Bilirubin
 Lab test results don't match the patient's clinical appearance?
Hemochromatosis
 Who is at risk?; What organs does it affect?

Speaker

CYNTHIA MILLES, PHD, FNP, has been a nurse for 35 years. She currently has an active practice in internal medicine in Bangor, Maine. Cynthia currently provides primary care for adult patients with complex medical problems including gastrointestinal, cardiopulmonary, endocrine and neurological conditions. Previously, she had been a charge nurse for 25 years in a PACU. Cynthia was also an associate professor at a local college, where she taught graduate level courses in research, rural health and adult health. Cynthia received her PhD from Capella University in Minneapolis, MN. She has served as a legal nurse consultant, reviewing malpractice cases for the plaintiff in the areas of her expertise. Cynthia has also been asked to review nursing articles for publication. Cynthia is a past board member of her state's nurse practitioner organization. Her passion for teaching and her dynamic and highly informative presentation style combine to make learning from Cynthia enjoyable. She provides a wealth of practical clinical information that can be applied to your everyday practice situations. You will be better able to manage your patients with the knowledge you'll gain while attending this continuing education seminar!

Learner Objectives

At the end of this class the participant should have a working knowledge of:

1. Explain the importance of early diagnosis in strep pharyngitis and the consequences of a late diagnosis or non-treatment in the pediatric population.
2. List the causes and latest therapy for esophageal varices.
3. Summarize the prevalence, transmission, testing and current treatment options for Hepatitis C.
4. Describe the lifestyle modifications and medications for Gastroesophageal Reflux Disease (GERD).
5. List the lab tests used to diagnose Non-Alcoholic Fatty Liver Disease (NAFLD) from other similar GI presentations.
6. Define the long term sequelae of IBD and the current recommendations for treatment.
7. Identify the importance of differentiating the 2 types of acute pancreatitis and the current pharmacologic therapies recommended as treatment.
8. Describe the role of pain management in chronic pancreatitis.
9. Differentiate treatment therapies between Ulcerative Colitis and Crohn's Disease.
10. Utilize the newest therapies for gastroparesis.
11. Explain the lab tests needed to differentiate the various GI diseases.

Questions? contact:

Jane Bugbee, RN, BSN, CGRN
2010 President Minnesota Society of
Gastroenterology Nurses & Associates
H-651-633-7452 C-651-210-2977
736 Continental Drive
New Brighton, MN 55112

Tuition:

- \$100 SGNA members
- \$125 non-members

Deadline to register:
February 20, 2010



***This educational activity is being provided by PESI HealthCare for
Minnesota Society of Gastroenterology Nurses and Associates.***

Credit Information

Nurses/Nurse Practitioners/Clinical Nurse Specialists: PESI, LLC is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 6.3 contact hours. No partial contact hours will be issued for partial attendance.

Nurse Practitioners: This program offers 180 instructional minutes of pharmacology content which is designed to qualify for 3.0 contact hours toward your pharmacology requirement.

Physician Assistants: This program has been reviewed and is approved for a maximum of 6.25 hours of clinical Category I CME credit by the American Academy of Physician Assistant Review Panel. Physician assistants should claim only those hours actually spent participating in the CME activity. This program was planned in accordance with AAPA's CME Standards for Live Programs and for Commercial Support of Live Programs.

Registered Dietitians & Dietetic Technicians, Registered: PESI, LLC, PE001, is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR) from June 1, 2009 through May 31, 2012. Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 6.0 continuing professional education units (CPEUs) for completion of this program/materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials. This program/material is designated as LEVEL 2.

The following individuals contributed to the planning of this educational event: Content Expertise: Cynthia Milles, PhD, FNP; Nurse Planner: Mary Meyers, RN, MSN; Activity Planner: Mary Burce; Target Audience Consultants: Diane Dressel, RD, CD, MS; Mary L. Hewett, MS, PA-C

Cancellation policy: Class fee is nonrefundable, if notice is given less than 48 hours in advance.



GASTROINTESTINAL CONDITIONS AND DISEASES

Name _____ Profession _____

Employer Name _____

Employer Address _____

City _____ County _____

State _____ Zip _____

Home Ph () _____ Dept Ph () _____

Fax # () _____ E-mail address _____

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Registration:

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